



By Dr Lynn Rae

## Services Provided

- Crisis Intervention
- Training Kitchen & Café
- Education
- Counselling
- Health and Wellbeing
- Pharmacy



Striving to End  
**Homelessness**

Scan & Donate 

Education  
Crisis Intervention  
Training Kitchen & Café  
Dental Care • Health & Wellbeing Service  
Counselling • Pharmacy  
Healthy Living Café • Training Kitchen & Café  
Wellbeing Service • Dental Care • Counselling • Education  
Pharmacy & Health Service • Crisis Intervention  
Healthy Living Café • Training Kitchen & Café • Health & Wellbeing Service • Dental Care • Counselling • Education • Pharmacy & Health Service • Crisis Intervention



# Crisis Intervention (1)

Drop-in service offering support for:

- Emergency accommodation
- Benefits
- Crisis grants
- Welfare fund
- Clothing
- Food parcel



# Crisis Intervention (2)

Other services we offer include:

- Liaison with Prison Services
- Help with access to health services
- Adult Protection referrals
- Hospital and house visits
- Housing options and homeless advice



# Café and Training Kitchen

Healthy Living Plus Award cafe offers:

- A way to reach the most vulnerable
- Breakfast and Lunch
- Free healthy breakfast food
- Low cost traditional full breakfast
- Free homemade soup and bread
- Low cost healthy and nutritious meals
- All made by our chef and volunteers



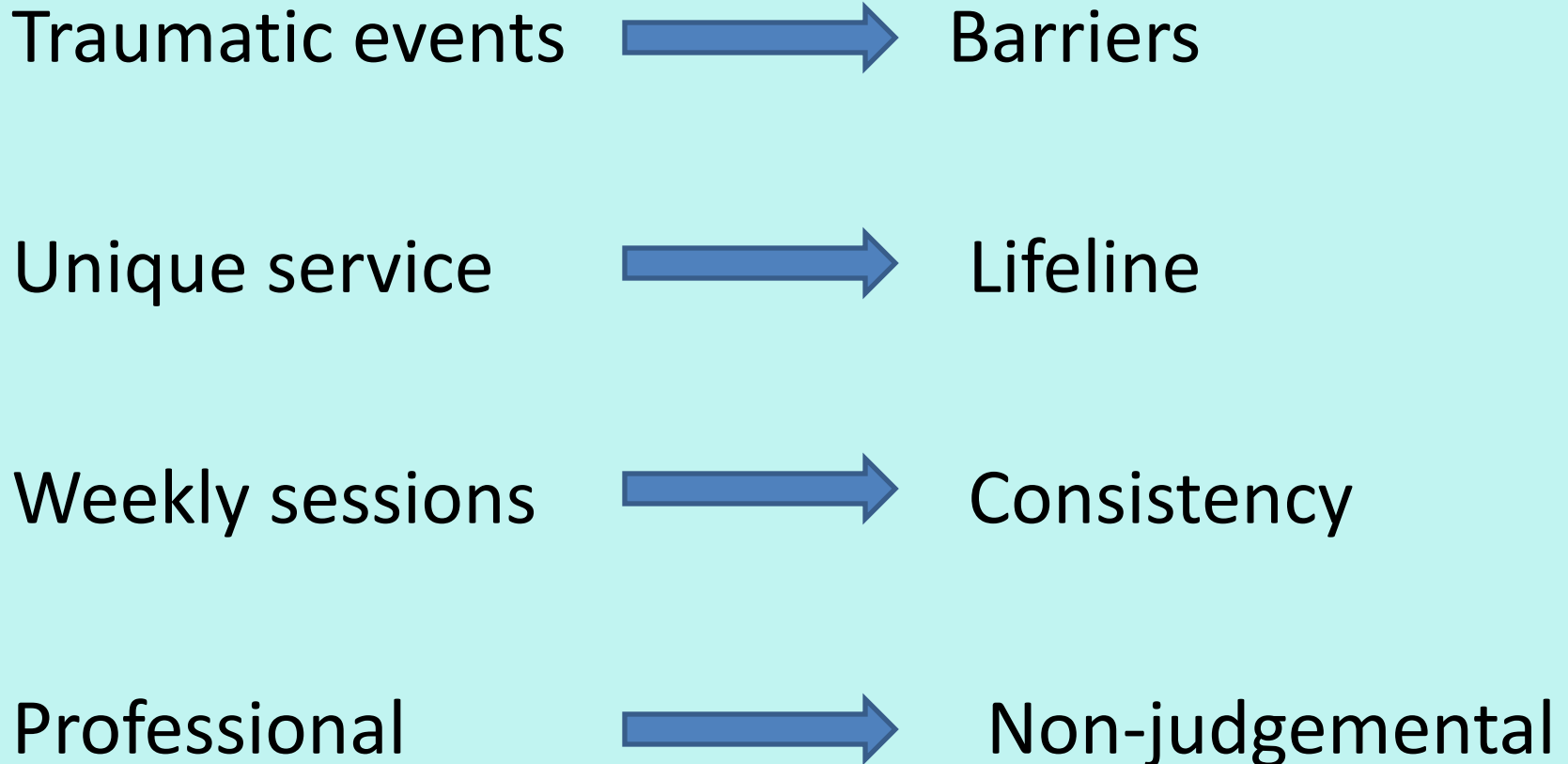
# Education

Our unique Community Education Curriculum aims to:

- Widen access to education
- Provide an exit to homelessness
- Deliver accredited and non-accredited courses
- Deliver in our premises and on college campuses
- Opportunities for further education and employment



# Counselling Service



# Quote

*“Being able to have the time to work through extremely difficult traumas has helped me more than words can express.*

*The privacy and anonymity of the service allowed me to feel safe in accessing it. Without the help I received from the counsellor I would not be where I am today. I am in stable long-term housing, in education at university, and have developed healthy, loving friendships.*

*I have completely exited prostitution, have been able to stop misusing drugs and alcohol and have an overall good sense of well-being.”*



# Social Prescribing (1)

Our therapeutic Health and Wellbeing service provides:

- One-to-one and group support
- Walking, mindfulness, cycling activities
- Support to access activities in local communities
- Support accessing healthcare appointments



# Social Prescribing (2)

Our Pharmacy service provides:

- Health checks
- Medication prescriptions
- Referrals for health services and assessments
- Assistance to hospital
- Follow up checks for ongoing medical treatment



# Case Study

Client A :

- Volunteer
- Isolation, poor mental health, withdrawn
- Feeling unsafe, sofa surfing, home in disrepair
- New tenancy, lots of support, engagement with services
- Improved living conditions, improved self care
- Education at college
- Success!!!

# Thanks for listening!



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