



VR People

You don't need to have VR in your title to do VR. If you are helping people to remain in, recover in, return to or reach for work then you are doing VR:

- return to work coordinators
- occupational therapists
- physiotherapists
- psychologists
- case managers
- disability employment advisors
- welfare to work advisors
- job coaches
- employment support specialists
- occupational health practitioners
- workplace counsellors
- wellbeing and resilience advisors
- HR advisors
- union representatives
- nurses
- GPs
- supported employment practitioners
- employee assistance advisors
- social workers
- case workers and more!

Essentially anyone who talks to people about health and work.



Vocational Rehabilitation Association

Vocational Rehabilitation is

“whatever helps someone with a health problem to stay at, return to and remain in work: it is an idea and an approach as much as an intervention or a service.”

Waddell, Gordon, Burton, A. Kim and Kendall, Nicholas A.S. (2008) Vocational rehabilitation – what works, for whom, and when?

Why do we need VR?

Less than a fifth of people with learning difficulties as their main health condition are in employment.

Source: DWP 2019

The UK economy lost £91.9 billion in 2019 as a result of ill-health related absence and presenteeism.

Source: Vitality, 2020

Just 53.6% of disabled people are in employment, versus 81.7% of people who are not disabled

Source: ONS, 2020

Lack of expertise or specialist support was cited by 43% of employers as a barrier faced by their organisation supporting employees on long-term sickness absences' return

to work

Source: DWP, DHSC, 2019



1 in 25 people had a spell of long-term sickness absence within the last 12 months.

Source: DWP, DHSC, 2019

On average employers obtain a return of £5 for every £1 invested in mental health

Source: Deloitte, 2020

Over 100,000 people leave work following a spell of long term sickness absence each year. The longer it persists the greater the likelihood an individual does not return to work following their absence

Source: DWP, DHSC, 2019

The most common causes of long-term absence: are: mental ill health 59%, musculoskeletal injuries 53%, stress 46%, acute medical conditions 46%

Source: CIPD, Simply Health, 2020

VR: Helping people REMAIN in RECOVER in RETURN to REACH for WORK

What do we do?

The VRA exists to help people working in the fields of health, disability and employment. We assist those who help others facing obstacles to staying in or returning to work or employment by

- promoting and developing their personal, professional and practical skills; and also
- maintaining their awareness of a broad range of rehabilitation issues.
- publishing the standards of practice and code of conduct for vocational rehabilitation practitioners.



The Association is committed to:

- increasing awareness and recognition of the benefits of VR for the UK economy
- ensuring that VR practice in the UK is current, effective, high quality and professional
- becoming a sustainable supporter and influencer of VR practice



@UKVRA



www.linkedin.com/company/vocational-rehabilitation-association/



www.facebook.com/VRAUK

Are you a student who wants to practice VR?

If yes then join the VRA **for free** under our special student member scheme.

You will have all the benefits of full membership whilst you study, *plus your membership during your first year of practice will also be **free!***

We are here to help you through:

- continuing professional development
 - online resources
 - webinars
 - updates
- Networking with the VR Community across the UK and Ireland
- Sharing your skills and expertise



As a member you:

- have access to member only resources including our webinar archive and exclusive fact sheets plus an ever growing database of useful reports, research and other information to support your work and CPD
- receive regular newsletters and updates
- be able to apply for free or discounted places at our events, plus get access to member only events all providing great networking opportunities
- receive CPD certificates for our webinars - normally £15 each

By joining us you:

- help us to promote the use of quality vocational rehabilitation services in the UK
- will be able to share your views with government departments and other relevant stakeholders on important issues through our responses to consultations



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