



Get Stronger, Feel Better, Stay Well

# Are you a professional working in the field of fatigue and pain management?

## CBT and GET/GAT: Want to get beneath the acronyms?

Come and explore with us how we interpret the evidence and deliver our specialist rehabilitation programmes

**Fri 15th / Sat 16th November 2019**  
**Engineers' House, Bristol, BS8 3NB**

*'Brilliant course...thank you so much - you are so knowledgeable and also made the two days very interesting...your passion for your subject area shone through.'*

This 2-day course provides a practical, informative and interactive learning environment, facilitated by two highly experienced professionals within this specialist field. We will share skills, strategies and ideas that we have developed during over 25 years of experience in Fatigue and Pain Management. You will have the opportunity to discuss the evidence base and extract the key ingredients to build confidence in your own practice.

Course leaders: Beverly Knops and Fiona Wright, Specialist Occupational Therapists in Fatigue and Pain Management

**£220 (early-bird discount, book by 15<sup>th</sup> September)**

**£250 (price after 15<sup>th</sup> September)**

**2 days training, lunch and refreshments included**

Register via: <https://www.surveymonkey.co.uk/r/D8HZ5JK>

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