

## Vocational Rehabilitation following ABI – an OT Perspective

### Suggested Actions:

The following list provides suggestions of how to incorporate vocational rehabilitation (VR) in to your practice / service following the presentation.

- Ask your clients about work as a standard part of your initial contact
- Explore resources available to you that might support VR assessment, advice, interventions
- Look over a job description within your team meeting / as part of your CPD and explore the demands involved in the job, breaking these down into skills. Consider how your assessment and intervention could link to the skills and how goals might relate to the job
- Follow Kate Radford's return to work after stroke study - @RetakeStroke
- Map the VR services relevant to your practice / clients and identify any gaps
- Make contact with relevant services in your location – rehab teams, employment centres, charities
- Find out which organisations / employers / companies have an interest in supporting return to work in your area
- Ask your service users about their experiences and involve service users in any service developments – their voices are powerful

**I would love to hear any feedback about changes to practice made:**

**[hayley@independencefound.co.uk](mailto:hayley@independencefound.co.uk) / @HG10T**