# **VRA Trustee Elections – 2018-19**

Applicant	Supported by:
Jenny Ceolta-Smith	Sue Godby
Lecturer, University of Salford	
I have extensive background working in occupational therapy as a practitioner and manager. I am currently employed as a lecturer in occupational therapy and teach VR-related topics on both UG and PG courses. My research focus is welfare-to-work and health and wellbeing support.	
Julie Denning	Nicola Suckley
I am actively working in Vocational Rehabilitation and feel that as a Chartered Health Psychologist I would complement the multidisciplinary team of the current trustees. I believe passionately in the role of work as rehabilitation and as a health outcome and would therefore like to be actively involved in shaping and promoting the VRA as an organisation.	
I have been working in the area of vocational rehabilitation since 2002, firstly as a consultant Health Psychologist and more recently as a leader of a vocational rehabilitation consultancy, Working To Wellbeing. I therefore understand the discipline of VR from both a client and patient perspective which I feel will be of benefit to the VRA. Furthermore, my strong academic background ensures that I take a critical and evaluative approach which I would demonstrate within the role of Trustee. My professional background as a Chartered Psychologist would also bring a different angle to discussions within the VRA.	
I am the Managing Director at Working To Wellbeing and have been in post since 2012. I am a tutor for ACPOHE, and lecture on MSc. and Physiotherapy programmes at KCL, London. As Managing Direct for Working To Wellbeing I am responsible for the design and delivery of VR service that are multi and interdisciplinary in approach. I manage and clinically supervise a team of Occupational Health Physiotherapists, Cognitive Behavioral Therapists and Occupational Therapists.	
As an ACPOHE tutor and lecturer I train Physiotherapists to improve their communications skills with their patients by applying a biopsychosocial approach and using the most up-to-date psychological interventions in order to improve clinical outcomes with their patients. This includes a strong work focus.	

Deborah Edwards	Gary Johnston
Director, RTW Plus Limited	
I consider that being a VRA Trustee is an honour which provides me with the opportunity to influence and progress the delivery of vocational rehabilitation services in the United Kingdom. The current path that the VRA is taking means that the UK is heading for an exciting time of professionalism and expansion of innovative approaches to support individuals trying to succeed at returning to work after adversity. I started this journey with the VRA some years ago and am hoping that I can continue to serve through for some considerable time in the future.	
Andrew Frank	Joy Reymond
Retired Consultant Physician	
I have been involved with vocational rehabilitation since 1977 and a trustee of the VRA for about 12 years, including being its Chair, and recently being awarded Honorary Life membership. Colleagues tell me that my occasional comment or reflections are valuable to them.	
Alexandra Freeman	Sue Godby
Director and Vocational Rehabilitation Consultant. Absence Management Solutions Limited	
I have worked in vocational rehabilitation for many years and my experience can be used to support the VRC in promoting good practice and supporting individuals and organisations to develop their professional and practical skills in the fields.	
23 years working within Income Protection Insurance during which I developed and managed a team of Insurance Nurse Specialists at UNUM and a team of Vocational Rehabilitation Consultants at Canada Life. I have been working independently for 4.5 years mainly with IP clients but also non-insurance clients as a Vocational Rehabilitation Consultant	
Sue Godby	Alexandra Freeman
Director, Ergocom	

I would like to continue playing a role in growing the organisation and raising its profile with a view to being **the** voice of vocational rehab (VR) in the UK.

I have worked in VR for many years and have been a trustee for two other organisations. I have also been chairing the membership group and actively involved in the VR industry, with a working knowledge of the current issues. I have good organisational skills

#### Beth Husted

Rehabilitation and Wellbeing Manager, Unum

I am already a Trustee and I know my contribution is currently only delivering some workshops and assisting with the newsletter. But I have also been studying for my HR Higher Certificate so time is limited! I complete this in February 2019.

### **Linda Ingram**

Operations Manager, Rehabilitation and Case Management, Bush & Company Rehabilitation

I am motivated to apply for this trustee role to be involved in the future direction of vocational rehabilitation. I would aim to ensure that 'work' remains at the core of healthcare and rehabilitation planning for the most catastrophically injured client group to allow them to have a voice within the industry and enjoy good access to support. This would include the introduction of vocational prescriptions and work as a health outcome. I would also like to be involved in working to support the catastrophically injured client group be offered the option to use their personal health budgets to achieve their vocational outcomes.

I have been a Registered Nurse for over 35 years initially training in the British Army (QARANC) where rehabilitation back into military roles played a large part of the role of the army nurse. I also completed a BSc in Cancer and Palliative Care between 1999 and 2003.

Since 2001 I have worked as a claims visitor in income protection, senior claims visitor for 7 years, case manager in personal injury, team manager and Operations Manager to teams of clinical and vocational case managers. Much of this time was spent working with clients or supervising colleagues to support client back into work or study.

## **Joy Reymond**

# Spencer Rathborne

Due to my background in cancer and palliative care nursing, I was also given the opportunity to develop a case management support service for employees off work with cancer in 2008/2009 with a major insurer; this was a highly successful service which quickly went on to be nominated for, and win, an award.

In 2016 I moved into my current role as Operations Manager, Rehabilitation and Case Management and provide supervision to a large team of clinical and vocational case managers working with client with severe to catastrophic injuries. This role included service development to ensure we are meeting the needs of the some of the most vulnerable and badly injured clients whilst supporting them in their choices to work or study.

# **Gary Johnston**

## Senior Operational Advisor, Social Finance

I have a passion and commitment to furthering the health and wellbeing of employees. I regard the Trustee role as a chance to further that goal.

30 years' experience gained in both Australia and the UK, in assisting people with a disability, injury or health condition to maximize function and, where possible, return to work.

I have gained over 25 years' experience in assisting people with a range of injuries and disabilities to maximise independence and gain or return to work. Specific speciality in assisting people with long term conditions, spinal injuries, mental health, return to work after HIV diagnosis.

I am currently a visiting lecturer on the MSc (occupational and rehabilitation) at Salford University.

I was a VRA Trustee for 5 years and ceased formal links as I went back to university full time. Whilst at university I represented the VRA at a Work Foundation review on productivity and HIV, plus delivered a session on VR and Cancer at a Midlands Oncology Conference. In the past year I took on the role to help organise a VRA Workshop and built links with students.

#### **Christine Parker**

#### Joy Reymond

## Deborah Edwards

Senior Lecturer: Physiotherapy and Vocational Rehabilitation. University of Salford

I was a Trustee from 2010 to 2015 and found this a very rewarding experience. I learnt a lot about the workings of the VRA and was inspired by the dedication of fellow Trustees in efforts to address the challenges facing practitioners and professionals in this area. I took a break to deal with some family health issues and am now in a position to rejoin the board of Trustees. I would like to build on my previous experience with the VRA, in order to contribute to the exciting new developments on the horizon and am particularly keen to help further support and promote the reflexive and professional approach to vocational rehabilitation practice that has been growing for some time.

I qualified as a physiotherapist in 1980 and have considerable experience in the management of complex rehabilitation cases in a range of secondary and primary care settings. I held clinical management posts in the NHS and took a lead on developing clinical quality and effectiveness in community services. I progressed to clinical lead role in an interdisciplinary pain management service where we became acutely aware of the long-term impact that negative workplace experiences can have upon those who are struggling to manage longterm health issues and stay in work or return to work. This prompted us to develop a focus on improving participation through vocation and employment; facilitating empowerment and self-management. As an academic I have been working with colleagues to address gaps in communication and coordination between healthcare and the workplace within both undergraduate and postgraduate education. I was also the programme lead for an MSc in Occupational and Vocational Rehabilitation, aiming to develop knowledge and skills and facilitate better communication, through shared learning experiences for a wide range of practitioners.

I have also been involved in research into improving sickness absence patterns in the NHS; the development of cost benefit models in VR practice; and the development and evaluation of a number of projects aimed at improving the quality of work-related health outcomes in routine healthcare practice.

I have a Masters in Practice Development (Pain Management); a PGCert in Higher Education Practice and Research; a Certificate in Workplace Mediation; and I am a Fellow of the Higher Education Academy.

Client Services Director, Innovate HMG

Alexandra Pugh	Joy Reymond

I would like to assist in increasing awareness for Vocational Rehabilitation as well as supporting Vocational Rehabilitation practitioners to be appropriately supported, monitored and educated.

I have 11 years' experience as a Vocational Rehabilitation practitioner.

I am currently employed as Client Services Director and this includes account managing a number of customers for whom Innovate provide rehabilitation services, managing a team of account managers, delivering training to customers on rehabilitation services / vocational rehabilitation techniques and client services strategy.

# Joy Reymond Andrew Frank

Director, The Executive Pipeline

I would like to continue my active involvement in the development of the RA as a vibrant and important organisation for the development of the profession in the UK. I believe the VRA Board will benefit from a combination of new voices alongside those who have experience working in the organisation, and I believe I can provide the continuity and experience which would be of value to the Boar, having served now for 12 years.

I am an active member of the Board and participate fully in its meetings, helping it develop a full role in the UK rehabilitation market. I have been treasurer of the VRA fort 11 years and have managed our limited resources with care.

I assist in the development and delivery of the VRA's conferences including corporate member events. I support the Membership Committee and the Student Committee.

# Helen Valls-Russell Alexandra Pugh

Operations Manager, Form Health

Vocational rehabilitation is something I believe passionately about and feel it should be made available to all who need it. I am keen to support the development of the profession and its role in health, social care, and the private sectors.

I have experience in both the welfare to work sector and insurance. I have a combination of business experience, which I gained prior to qualifying as an OT and subsequently, and clinical experience in a variety of settings.